



بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

SALAT

THE SECOND PILLAR OF ISLAM

ESSENCE OF THE DAILY PRAYERS

AN EASY WAY TO LEARN TRANSLATION OF SALAT IS TO FIRST LEARN
THE TRANSLATION OF **KEY ARABIC WORDS**

TAKBIR

RECITED TO BEGIN PRAYER, AND BEFORE ALL
POSTURE CHANGES **EXCEPT** AFTER RUKU'

allahu akbar

Allah is the Greatest

الله أَكْبَرُ



NIYAAH

DECLARATION OF INTENTION
TO ENGAGE IN PRAYER.
RECITED BEFORE A SET OF
PRAYERS.



THINK OF YOURSELF "TURNING"
YOUR "ATTENTION" TO ALLAH

إِنِّي وَجَّهْتُ وَجْهِيَ لِلَّذِي فَطَرَ السَّمَاوَاتِ وَالْأَرْضَ حَنِيفًا
وَمَا أَنَا مِنَ الْمُشْرِكِينَ

Inni wajjahtu wajhiya lilladhi fataras-samawati
wal arda hanifan wama ana minal mushrikin.

I have turned my full attention towards Him,
Who has created the heavens and the earth,
being ever inclined (towards Him), and I am not
among those who associate partners with Allah.

LEARN THE FOLLOWING:

SOUNDS LIKE URDU *SHIRK*

الْمُشْرِكِينَ

(THOSE WHO)
ASSOCIATE
PARTNERS

وَمَا أَنَا

AND I AM
NOT

وَالْأَرْضَ

EARTH

السَّمَاوَاتِ

HEAVENS

لِلَّذِي

TOWARDS
"ALLAH"

إِنِّي

I

THANAA

GLORIFICATION OF ALLAH



THE WORDS RECITED HERE WILL
THEREFORE BE THOSE THAT PRAISE
ALLAH E.G. BLESSED, EXALTED, ETC.

سُبْحَانَكَ اللَّهُمَّ وَبِحَمْدِكَ وَتَبَارَكَ اسْمُكَ وَتَعَالَى جَدُّكَ
وَلَا إِلَهَ غَيْرُكَ

Subhanakallah-humma wa bihamdika wa
tabarakasmuka wa ta'ala jadduka wala ilaha
ghairuk.

Glory to Thee, O Allah, praiseworthy and blessed
is Thy name and exalted is Thy majesty and
there is no worthy of worship except Thee alone.

LEARN THE FOLLOWING:

لَا إِلَهَ

'NONE WORTH
OF WORSHIP...'

THINK OF *KALIMA*

تَعَالَى

EXALTED/
HIGH

تَبَارَكَ

BLESSED

بِحَمْدِكَ

PRAISEWORTHY

سُبْحَانَكَ

HOLY ARE
YOU

TA'AWUDH

أَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ

A'udhu billahi minash-shaitanir-rajim.

I seek refuge with Allah from Satan, the accursed.

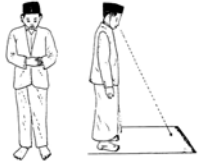
SURAH AL-FATIHA



AT THE END OF SURAH AL-FATIHAH, THE WORSHIPPERS SAY AMIN WHICH MEANS 'O ALLAH! ACCEPT OUR SUPPLICATIONS'. THIS CAN BE SAID OUT LOUD OR SILENTLY.

In the name of Allah, the Gracious, the Merciful. All praise belongs to Allah, Lord of all the worlds, The Gracious, the Merciful, Master of the Day of Judgment. Thee alone do we worship and Thee alone do we implore for help. Guide us in the right path — The path of those on whom Thou hast bestowed Thy blessings, those who have not incurred Thy displeasure, and those who have not gone astray

Bismillahir-Rahmanir-Rahim. Al-hamdu lillahi Rabbil 'alamin. Ar-rahmanir-Rahim. Maliki yaumiddin. Iyyaka na'budu wa iyyaka nasta'in. Ihdinas-sirat al-mustaqim. Siratalladhina an'amta 'alaihim, ghairil maghdubi 'alaihim wa lad-dallin.



LEARN THE FOLLOWING:



لله

ALLAH

SHOULD BE EASY TO MEMORIZE!

الْمَلِكِ

MASTER
(MALIK)

الرَّحِيمِ

THE
MERCIFUL

الرَّحْمَنِ

THE
GRACIOUS

الْعَلَمِينَ

"ALL" THE
WORLDS

الْحَمْدُ

PRAISE
FAMILIAR?!
REFER TO
THANAA

SIRAAT SOUNDS LIKE
URDU "RAASTHA"

A'BUD SOUNDS LIKE
URDU "IBAADAT"

الصِّرَاطِ

PATH

نَسْتَعِينُ

WE IMPLORE
FOR HELP

نَعْبُدُ

WE WORSHIP

إِيَّاكَ

YOU ALONE

يَوْمِ الدِّينِ

DAY OF
JUDGEMENT

الضَّالِّينَ

(THOSE WHO HAVE)
GONE
ASTRAY

الْمَغْضُوبِ

(THOSE WHO INCURRED)
DISPLEASURE

AGHZUB SOUNDS LIKE
URDU "AZAAB"

غَيْرِ

NOT

أَنْعَمْتَ

BESTOWED YOUR
BLESSINGS

AN'AM SOUNDS LIKE URDU
PRIZE. THINK BLESSINGS

الْمُسْتَقِيمِ

RIGHT/GOOD
THINK OF URDU
MUSTAQBIL "GOOD
FUTURE"

SURAH AL-IKHLAAS



AFTER THE RECITATION OF SURAH AL-FATIHA, YOU CAN RECITE A PORTION OF THE HOLY QURAN, AT LEAST THREE VERSES OR A SHORT CHAPTER

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
قُلْ هُوَ اللَّهُ أَحَدٌ
اللَّهُ الصَّمَدُ
لَمْ يَلِدْ وَلَمْ يُولَدْ
وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ

Bismillahir-Rahmanir-Rahim. Qul huwallahu Ahad. Allahus-Samad. Lam yalid, walam yulad. Walam yakullahu kufuwan ahad.

In the name of Allah, the Gracious, the Merciful. Say, He is Allah, the One; Allah, the Independent and Besought of all. He begets not, nor is He begotten; And there is none like unto Him.

LEARN THE FOLLOWING:

لَمْ يَلِدْ

(HE) BEGETS
NOT

"BEGET" = DOES NOT REPRODUCE
I.E. HAVE ANY CHILDREN

الصَّمَدُ

INDEPENDENT

أَحَدٌ

ONE

قُلْ

SAY

"BEGOTTEN" = IS NOT THE RESULT OF
REPRODUCTION I.E. HAS A CREATOR/MAKER

كُفُوًا أَحَدٌ

ANYONE LIKE
(UNTO HIM)

AHAD MEANS "ONE" SO
THINK: **GOD IS ONE**

وَلَمْ يَكُنْ

(AND THERE IS)
NONE

وَلَمْ يُولَدْ

(AND HE IS NOT)
BEGOTTEN

RUKU'



THIS TASBIH IS RECITED IN A BOWING POSITION WITH HANDS ON KNEES

TASBIH MEANS "TO GIVE PRAISE". REFER TO *THANAA* TO SEE SIMILARITIES!!

سُبْحَانَ رَبِّيَ الْعَظِيمِ

Subhana Rabbiyal 'Azim.

Holy is my Lord, the Most Great.



LEARN THE FOLLOWING:

THE GREAT/MIGHTY

الْعَظِيمِ

TASMI'



THE IMAM RECITES THIS OUT LOUD TO SIGNAL THE CONGREGATION TO CHANGE POSTURE

سَمِعَ اللهُ لِمَنْ حَمِدَهُ

Sami'allahu liman hamidah
Allah listens to him who praises Him.



LEARN THE FOLLOWING:

PRAISE
(HIM)

حَمْدَهُ

FAMILIAR??! REFER TO
THANAA AND SURAH AL-FATIHA

HEARS

سَمِعَ

TAHMID



THIS IS RECITED SILENTLY AFTER
TASMI'

رَبَّنَا وَ لَكَ الْحَمْدُ حَمْدًا كَثِيرًا طَيِّبًا مُبَارَكًا فِيهِ

Rabbana walakal-hamd, hamdan kathiran
Tayyiban Mubarakan fih

Our Lord, Thine is the praise, the praise which is
bountiful, pure and full of blessings.

LEARN THE FOLLOWING:

TAYYAB = PURE

مُبَارَكًا فِيهِ

FULL OF BLESSINGS

طَيِّبًا

PURE

كَثِيرًا

PLENTY

SAJDAH

PROSTRATION



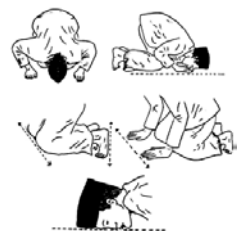
A POSTURE OF UTMOST HUMILITY,
SUBMISSION AND HELPLESSNESS IN
WHICH A SUPPLICANT POURS HIS
HEART BEFORE GOD ALMIGHTY AND
ASKS FOR HIS FORGIVENESS

سُبْحَانَ رَبِّيَ الْأَعْلَى

Subhana Rabbiyal-a'la.

Glory to my Lord, the Most High.

REFER TO RUKU' TO SEE
SIMILARITIES!!



LEARN THE FOLLOWING:

FAMILIAR??!
REFER TO THANAA

THE MOST HIGH

الْأَعْلَى

JILSAH

SITTING POSITION #1



THIS IS THE FIRST OF TWO SITTING POSITIONS AND TAKES PLACE AFTER THE **FIRST SAJDAH**

اللَّهُمَّ اغْفِرْ لِي، وَارْحَمْنِي، وَاهْدِنِي،
وَاعْفِنِي، وَاجْبُرْنِي، وَارْزُقْنِي، وَارْفَعْنِي

Allahum-maghfir li warhamni wahdini wa 'afini wajburni warzuqni warfa'ni

Lord forgive me and have mercy on me and guide me and grant me security and make good my shortcomings and provide for me and raise me up in status.

LEARN THE FOLLOWING: **IMAGINE YOU ARE ASKING ALLAH TO GRANT YOU THESE THINGS. ADD "ME" TO EACH WORD E.G. "FORGIVE ME", "PROVIDE FOR ME", ETC**

ارْفَعْنِي

RAISE

(ME UP IN STATUS)

ارْزُقْنِي

PROVIDE

اجْبُرْنِي،

MAKE GOOD MY
SHORTCOMINGS

عَافِنِي،

SECURITY

اهْدِنِي،

GUIDE

ارْحَمْنِي،

MERCY

اغْفِرْ لِي

FORGIVE

QA'DAH

SITTING POSITION #2



THE SECOND SITTING POSITION FOLLOWING THE SECOND SAJDAH.

RECITE IN THE FOLLOWING ORDER:

1. **TASHAHHUD**

2. **DURUD**

3. **SHORT PRAYERS**

TASHAHHUD

التَّحِيَّاتُ لِلَّهِ وَالصَّلَوَاتُ وَالطَّيِّبَاتُ، السَّلَامُ عَلَيْكَ أَيُّهَا
النَّبِيُّ وَرَحْمَةُ اللَّهِ وَبَرَكَاتُهُ، السَّلَامُ عَلَيْنَا وَعَلَىٰ عِبَادِ اللَّهِ
الصَّالِحِينَ، أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ
وَرَسُولُهُ

Attahiyatu lillahi was-salawatu wat-tayyibatu, Assalamu 'alaika ayyuhan-Nabiyyu wa Rahmatullahi wa Barakatuh, Assalamu 'alaina wa 'ala ibadillahis-Salihin. Ashhadu alla ilaha illallahu wa ashadu anna Muhammadan 'abduhu wa Rasuluh.

All Salutation is due to Allah and all Prayer and everything pure. Peace be upon thee, O Prophet, and the mercy of Allah and His blessings; and peace be on us and on all righteous servants of Allah. I bear witness that there is none worthy of worship except Allah, and I bear witness that Muhammad is His servant and Messenger.

LEARN THE FOLLOWING: UPON US

عَلَيْنَا

UPON THEE

عَلَيْكَ

CONTINUED ON NEXT PAGE...

السَّلَامُ

PEACE

الطَّيِّبَاتُ،

ALL THAT IS
PURE

الصَّلَوَاتُ

ALL PRAYER
PHYSICAL WORSHIP

التَّحِيَّاتُ

ALL SALUTATION
VERBAL WORSHIP

الصَّالِحِينَ

RIGHTEOUS

وَعَلَى عِبَادِ

AND SERVANTS
(OF ALLAH)

رَحْمَةِ اللَّهِ وَبَرَكَاتِهِ

MERCY AND
BLESSINGS OF ALLAH

النَّبِيِّ

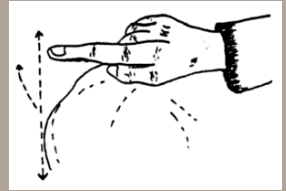
PROPHET (SA)
"NABI" MUHAMMAD

WE SHOULD TRY TO KNOW
THIS IN ITS ENTIRETY

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ

I BEAR WITNESS THAT THERE IS NONE WORTHY OF
WORSHIP EXCEPT ALLAH, AND I BEAR WITNESS THAT
MUHAMMAD (SA) IS HIS SERVANT AND MESSENGER

IT SHOULD BE NOTED THAT WHILE RECITING **TASHAHHUD**, WHEN THE
WORSHIPPER REACHES THE PHRASE *ASHHADU ALLA ILAHA
ILLALLAHU*, HE/SHE SHOULD RAISE THE FOREFINGER OF HIS/HER
RIGHT HAND AND SHOULD DROP IT DOWN AS HE/SHE HAS RECITED IT.



DURUD

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَعَلَى آلِ مُحَمَّدٍ كَمَا صَلَّيْتَ عَلَى

إِبْرَاهِيمَ وَعَلَى آلِ إِبْرَاهِيمَ إِنَّكَ حَمِيدٌ مَجِيدٌ، اللَّهُمَّ بَارِكْ

عَلَى مُحَمَّدٍ وَعَلَى آلِ مُحَمَّدٍ كَمَا بَارَكْتَ عَلَى إِبْرَاهِيمَ وَعَلَى آلِ

إِبْرَاهِيمَ إِنَّكَ حَمِيدٌ مَجِيدٌ -



THE INVOCATION OF
BLESSINGS ON THE
HOLY PROPHET (SAW)

Allahumma salli 'ala Muhammadin wa 'ala ali Muhammadin kama sallaita 'ala Ibrahima wa 'ala ali Ibrahima innaka Hamidum-Majid. Allahumma Barik 'ala Muhammadin wa 'ala ali Muhammadin kama Barakta 'ala Ibrahima wa 'ala ali Ibrahima innaka Hamidum-Majid.

O Allah, Bless Muhammad (SA) and the people of Muhammad (SA), as Thou didst bless Abraham and the people of Abraham. Thou art indeed the Praiseworthy, the Glorious. Prosper, O Allah, Muhammad (SA) and the people of Muhammad (SA), as Thou didst prosper Abraham and the people of Abraham. Thou are the Praiseworthy, the Glorious.

LEARN THE FOLLOWING:

وَعَلَى آلِ

AND UPON THE
PEOPLE OF

عَلَى مُحَمَّدٍ

UPON
MUHAMMAD^{SA}

صَلِّ

BLESS

اللَّهُمَّ

OH ALLAH

مَجِيدٌ،

THE
EXALTED/
GLORIOUS

حَمِيدٌ

THE
PRAISEWORTHY

FAMILIAR?!!

إِبْرَاهِيمَ

ABRAHAM^{AS}

كَمَا

AS



THE FIRST PART OF DURUD ASKS FOR **BLESSINGS**
WHILST THE SECOND PART IS A REPEAT OF THE FIRST
PART EXCEPT IT NOW ASKS FOR **PROSPERITY**

بَارِكْ

PROSPER

AFTER **DURUD**, THE FOLLOWING **SHORT PRAYERS** ARE COMMONLY RECITED, HOWEVER THERE ARE MANY OTHERS THAT CAN BE SILENTLY RECITED AS WELL TO BESEECH ALLAH FOR HIS PROTECTION, MERCY, AND FORGIVENESS, ETC.

SHORT PRAYERS

رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَفِي الْآخِرَةِ حَسَنَةً وَقِنَا عَذَابَ النَّارِ

Rabbana atina fiddunya hasanatan wa fil akhirati hasanatan waqina adhabannar. (2:202)

Our Lord, grant us good in this world as well as good in the world to come, and protect us from the torment of the Fire.

LEARN THE FOLLOWING:

SOUNDS LIKE URDU
"ATA'A"

عَذَابَ النَّارِ

TORMENT OF FIRE

الْآخِرَةِ

HEREAFTER

حَسَنَةً

GOOD

الدُّنْيَا

THIS WORLD

آتِنَا

GRANT

رَبِّ اجْعَلْنِي مُقِيمَ الصَّلَاةِ وَمِنْ ذُرِّيَّتِي رَبَّنَا وَتَقَبَّلْ دُعَاءِ

رَبَّنَا اغْفِرْ لِي وَلِوَالِدَيَّ وَلِلْمُؤْمِنِينَ يَوْمَ يَقُومُ الْحِسَابُ

Rabbij'alni muqimas-Salati wamin dhur-riyyati. Rabbana wa taqabbal du'a'. Rabbanaghfir li wali- walidayya wa lil-mu'minina yauma yaqumul hisab. (14:41-42)

My Lord, make me observe Prayer, and my children too. Our Lord! bestow Thy grace on me and accept my prayer. Our Lord, grant forgiveness to me and to my parents and to the believers on the day when the reckoning will take place.

LEARN THE FOLLOWING:

SOUNDS LIKE URDU
"QABOOL"

اعْفِرْ لِي

FORGIVE ME

تَقَبَّلْ دُعَاءِي

ACCEPT MY PRAYER

ذُرِّيَّتِي

MY CHILDREN

مُقِيمِ الصَّلَاةِ

CONSTANT IN
PRAYER

يَوْمَ يَقُومُ الْحِسَابُ

DAY OF JUDGMENT

مُؤْمِنِينَ

BELIEVERS

SOUNDS LIKE URDU
"WAALDAIN"

وَلِوَالِدَيَّ

AND MY PARENTS

اللَّهُمَّ إِنِّي ظَلَمْتُ نَفْسِي ظُلْمًا كَثِيرًا، وَلَا يَغْفِرُ الذُّنُوبَ إِلَّا
أَنْتَ - فَاعْفِرْ لِي مَغْفِرَةً مِنْ عِنْدِكَ، وَارْحَمْنِي إِنَّكَ أَنْتَ الْغَفُورُ الرَّحِيمُ -

Allahumma inni zalamtu nafsi zulman kathiran, wa la yaghfirudh-dhunuba illa anta, faghfir li maghfiratan min 'indika warhamni innaka antal Ghafurur-Rahim.

O Allah, I have been unjust to myself and no one grants pardon for sins except You; therefore, forgive me with Your forgiveness and have mercy on me. Surely You are the Forgiver, the Merciful.

LEARN THE FOLLOWING:

ذُنُوبٌ

SIN

ظَلَمْتُ نَفْسِي

WRONGED MY SOUL

THESE TWO WORDS FORM THE MAIN
CONTENT OF THIS DUA

الْغَفُورُ

THE FORGIVER

الرَّحِيمُ

THE MERCIFUL

END OF PRAYER



AFTER RECITING ONE OR MORE OF THESE PRAYERS, THE IMAM TURNS HIS FACE TOWARDS THE RIGHT AND SAYS ASSALAMU 'ALAIKUM WA RAHMATULLAH AND THEN REPEATS THIS SALUTATION WHILE TURNING TOWARDS THE LEFT

السَّلَامُ عَلَيْكُمْ وَرَحْمَةُ اللَّهِ

Assalamu 'Alaikum wa Rahmatullah
Peace be upon you and the mercy of Allah



MAY THIS SALAT GUIDE HELP YOU BUILD A **STRONGER BOND** WITH ALLAH ALMIGHTY

Remember, **Allah** says: 'Whoever moves towards Me by the span of an open hand, I move towards him by half an arm's length. And whoever moves towards Me by half an arm's length, I move towards him by the length of an arm. When he comes walking towards Me, I run to meet him.' (Muslim)